

Conflict Resolution Skills

Building a repertoire of skills to manage common sibling conflicts is important to parenting success. Here are some basic strategies for successful conflict resolution you child can learn.

Conflict	Possible Resolution
Common Toy Problem “You have it, your sibling wants it”	<ol style="list-style-type: none"> 1. Say, “No” and give a reason. 2. Offer to let the sibling know when you are finished. 3. Share, if possible. 4. Compromise, if possible.
Common Toy Problem “Your sibling has it, You want it”	<ol style="list-style-type: none"> 1. Ask nicely and give a reason. 2. Request a signal when your sibling is finished with it. 3. Make a deal, if possible. 4. Accept “no” for an answer.
Common Toy Problem “Both want it, neither has it	<ol style="list-style-type: none"> 1. Talk about it nicely. 2. Take turns. 3. Someone must go second.
Sibling Non-Compliance	<ol style="list-style-type: none"> 1. Ask nicely. 2. Provide a reason for compliance. 3. Make a deal. 4. Accept “no” for an answer.
Sibling or Peer Teasing	<ol style="list-style-type: none"> 1. Positive Teasing (Be Goofy). 2. Change the topic. 3. Ignore or Walk Away.
Sibling or Peer Rude Touch	<ol style="list-style-type: none"> 1. Be assertive. (“Stop it, I don’t like it”) plus leaving the situation. 2. Leave the situation.
Sibling or Peer Physical Assault	<ol style="list-style-type: none"> 1. Step back. 2. Be Assertive. (“Stop it, I don’t like it.”) . 3. Leave the situation. 4. Seek adult proximity. 5. Seek adult intervention if necessary.