

Forgiveness Quotes

“When you hold resentment toward another, you are bound to that person or condition by an emotional link that is stronger than steel. Forgiveness is the only way to dissolve that link and get free.” Catharine Ponder

“The stupid neither forgive nor forget; the naïve forgive and forget; the wise forgive but do not forget.” Thomas Szasz

“To forgive is to set a prisoner free and discover that the prisoner was you.” Lewis Smedes

“The weak can never forgive. Forgiveness is the attribute of the strong.” Mahatma Gandhi

“There is no love without forgiveness, and there is no forgiveness without love.” Bryant McGill

“To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.” Robert Muller

“Always forgive your enemies – nothing annoys them so much.” Oscar Wilde

“Sincere forgiveness isn’t colored with expectations that the other person apologize or change. Don’t worry whether or not they finally understand you. Love them and release them. Life feeds back truth to people in its own way and time.” Sara Paddison

“The truth is, unless you let go, unless you forgive yourself, unless you forgive the situation, unless you realize that that situation is over, you cannot move forward.” Steve Maraboli

“Forgiveness is not about forgetting. It is about letting go of another person's throat.....Forgiveness does not create a relationship. Unless people speak the truth about what they have done and change their mind and behavior, a relationship of trust is not possible. When you forgive someone you certainly release them from judgment, but without true change, no real relationship can be established.....Forgiveness in no way requires that you trust the one you forgive. But should they finally confess and repent, you will discover a miracle in your own heart that allows you to reach out and begin to build between you a bridge of reconciliation.....Forgiveness does not excuse anything.....You may have to declare your forgiveness a hundred times the first day and the second day, but the third day will be less and each day after, until one day you will realize that you have forgiven completely. And then one day you will pray for his wholeness.....” W. Paul Young

“Forgiveness is not an occasional act, it is a constant attitude.” Martin Luther King Jr.

“Forgiveness has nothing to do with absolving a criminal of his crime. It has everything to do with relieving oneself of the burden of being a victim—letting go of the pain and transforming oneself from victim to survivor. C.R.Strahan